



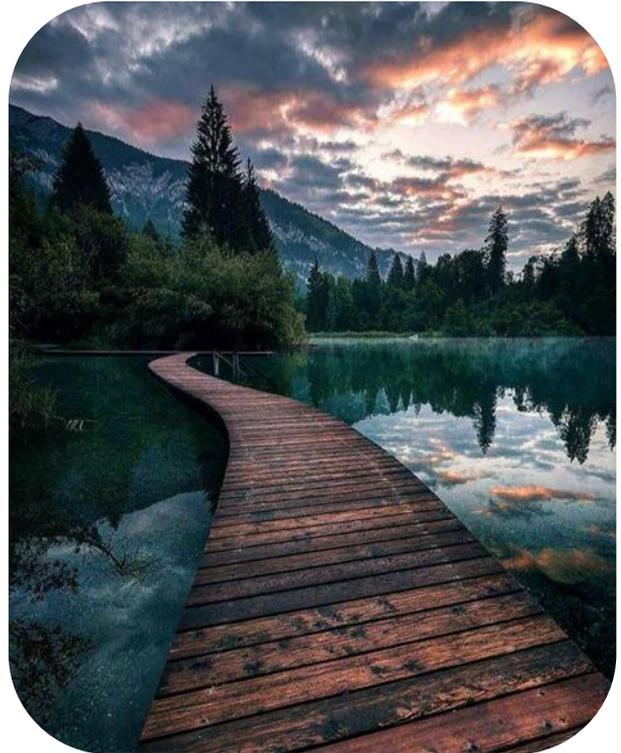
# GROUP SUPERVISION

## "SUPERVISION WITH INTENT: A WALK IN THE GARDEN..."

### Why supervision?

Supervision helps to :

- To deepen the framework of our practice,
- To practice dissociation, which allows the professional to be both actor and spectator of his relationship with his client, and thus to identify his responsibilities in the alliance with the client
- To carry out individualised work and follow-up over time, in which the group acts as a sounding board and allows for perspective to be put into play, which encourages emotional adjustments and a commitment to identity.
- Addressing areas of vulnerability. Emotional contagion, when not acknowledged in the relationship, can limit the power of intervention.



Concretely, it allows one to press "pause": to take distance, to confront and enrich one's practice, to refine one's diagnosis, to look for and offer unexplored options, to spot parallel processes, to get out of one's solitude, to reassure oneself in delicate situations but also to continue to develop one's posture.

When we work with teams and organisations, group supervision is an excellent way of identifying parallel processes but also of continuing to practise the posture of a group coach. Indeed, by definition, individual supervision does not allow for the same perspective or for a group situation. It also offers a reliable network that can be activated at any time.

### What is the spirit of this collective supervision?

The processes put in place are intended to create a **real group dynamic in collective intelligence**, and not just a sum of individual supervisions. In order to enter fully into this dynamic, we ask for commitment and assiduity from everyone.

Each supervisee establishes a supervision agreement to develop his or her objectives in a long-term perspective and not just come to "consume" supervision by dealing with the cases presented. This constitutes a specificity of our supervisory practice. Butterfly&CO has instituted it in order to

congruent with coaching contracts. Indeed, modelling the ability to contract is an essential skill for the supervisor and the coach.

### Your supervisor: Isabelle Dubois

Firstly an internal coach and then an external coach, I have been practising the profession of coach for twenty years and have trained in the profession for ten years. Founder of the "Shiftmaker" school, I run a firm specialising in collective intelligence.

From my point of view, the posture of supervisor is not the same as a senior coach at the service of a more junior coach. This is why I have been training in the specificities of the supervisor profession since 2008. I am certified by Undici EMCC (ESQA Supervisor) and also graduated from CSA in 2015.

I am "hyperventilated" for my supervisory practice. My specificity lies in the management of the process, the analysis of relationships and my ability to meta-communicate pedagogically about them. I know the company well and I like the concrete and pragmatic side of this environment.

At the same time, I have been working on my personal development for almost 20 years.

### Practical details

The group is composed of a maximum of **4 participants**.

We meet for ½ day, every 6 weeks. This is sufficiently frequent to deal with cases that have arisen between two supervisions, but also adequate to "take our noses out of the water" quite frequently.

### Entry requirements

- To have followed a long training course in coaching/shiftmaker,
- Interview with the supervisor
- Commitment to attend all 4 sessions.

### Price list

The fee is 1,400 euros excluding VAT.

**Dates** : TBA + 2 dates to be agreed with the participants

**Schedule** : from 2pm to 5:30pm (if 4 participants)

**Location** : Braine l'Alleud

### Registration and information

You can register by e-mail: : [isabelle.dubois@butterflyandco.eu](mailto:isabelle.dubois@butterflyandco.eu) Information

by phone : Isabelle Dubois +32 (0)478 65 20 91

The group starts from 2 participants.